

Sweet potato cheese treats



Ingredients

1 medium Sweet Potato, cooked and mashed
1/4 cup shredded Cheddar Cheese
1/2 cup Soy Flour (rice flour)
1 Egg
Water

Directions:

1. Preheat oven to 350 degrees fahrenheit and line a baking sheet with parchment paper or a silicone baking mat.
2. In a large bowl mix all ingredients one at a time, stirring well after each addition. You may need to add water if the dough is too dry, add it one teaspoon at a time until the dough will hold together.
3. Scoop 1/2 tablespoon sized balls into prepared baking sheet and bake for 15 to 20 minutes. Cool and Refrigerate.
4. Makes 4 to 5 dozen treats.