

Basic Cheese Stick Treats

For basic cheese stick snacks, you will need:

3 cups of flour

1½ cups of cheese

1 egg

1 cup of water or chicken broth

Whole-wheat flour is a good option unless your dog has wheat allergies. If he does, substitute 2 5/8 cups rice flour. Cheese options include cheddar, mozzarella and Parmesan. You may use one cheese or a combination. Preheat the oven to 350 degrees and lightly grease a cookie sheet. In a large mixing bowl, combine the flour and cheese. Slowly add the egg and water, and mix thoroughly into dough. Roll the dough out and cut it into bite-sized stick pieces. Place them, slightly separated, on the cookie sheet and bake for 25 to 30 minutes. Remove and cool on a wire cooling rack, or leave them in the oven to cool to make them crisper.